



# Grupo Balint

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MFC Murilo Coutinho

Apresentação adaptada de Ritch Addison, PhD  
Santa Rosa Family Medicine Residency



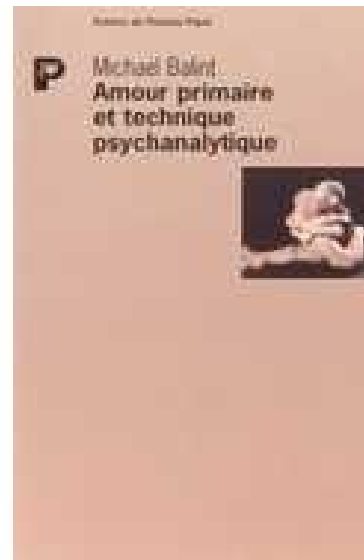
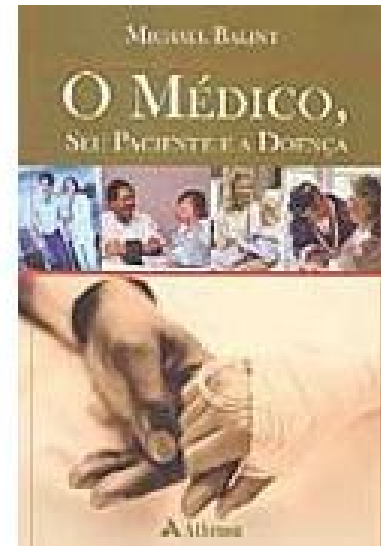
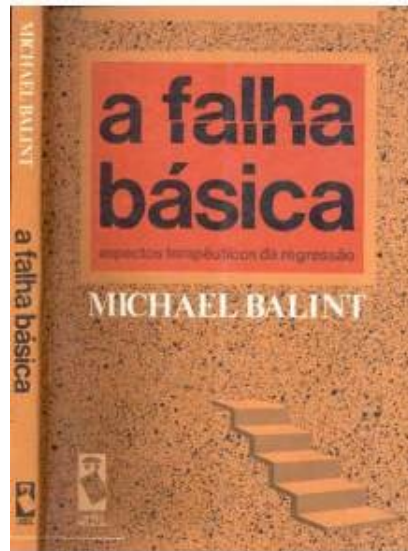
1896 Budapeste Medicina

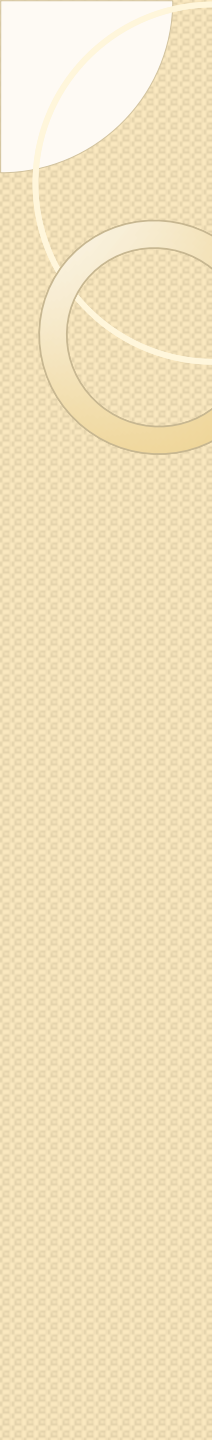
Berlin e Budapeste Psicanálise

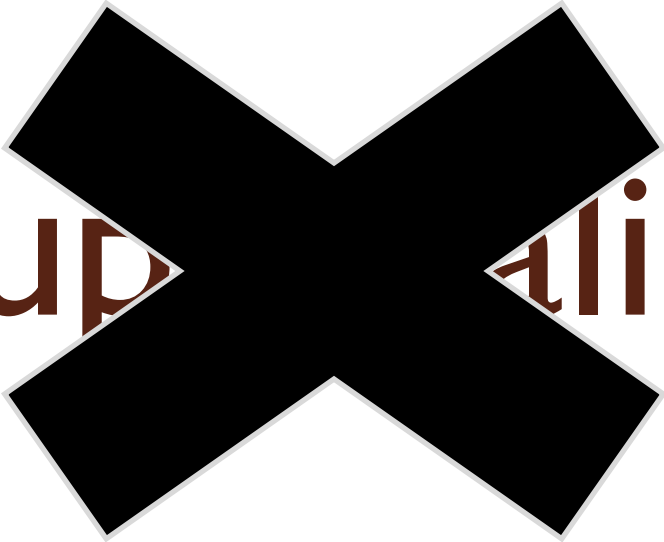
1950 Londres Clínica Tavistock

1957 O Médico, seu paciente e  
a doença

1970 Bristol

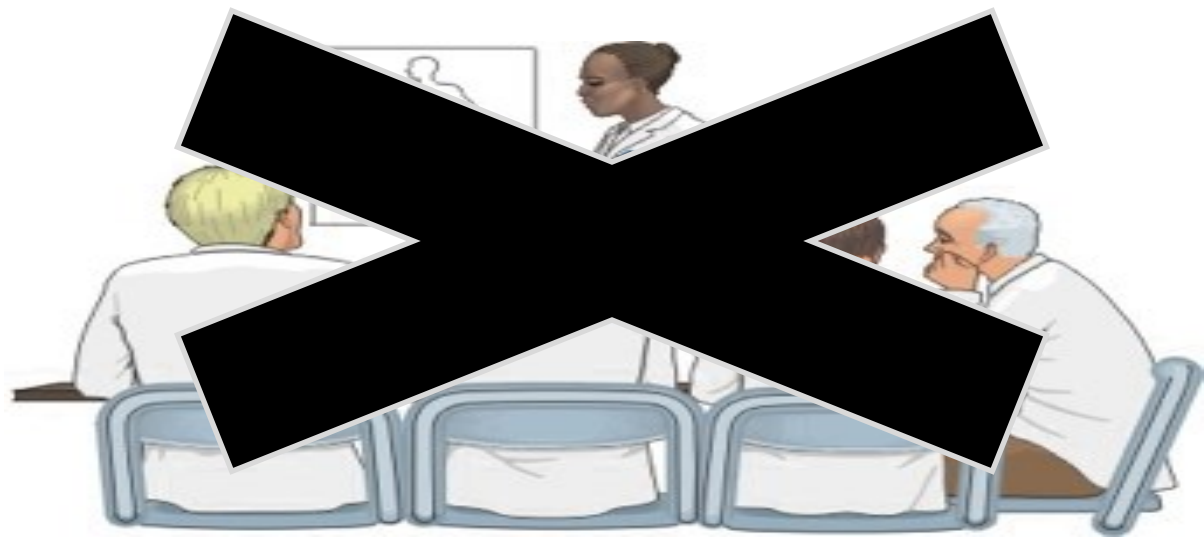




**Grup****alint**



Prescri~~X~~anador

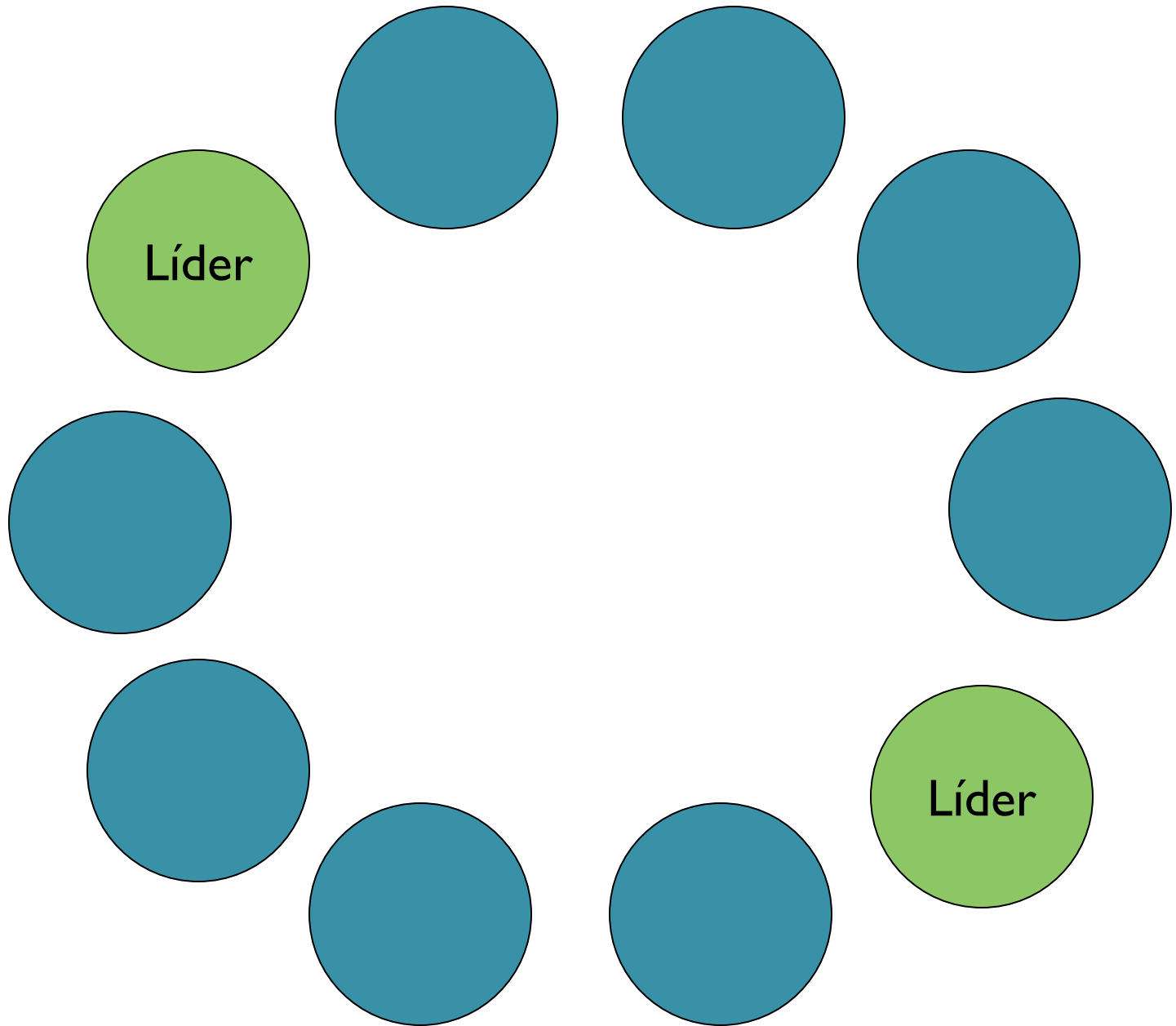
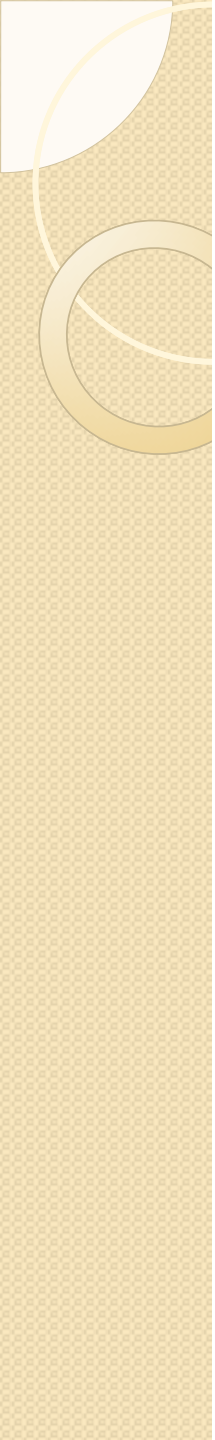


Discusión de temas

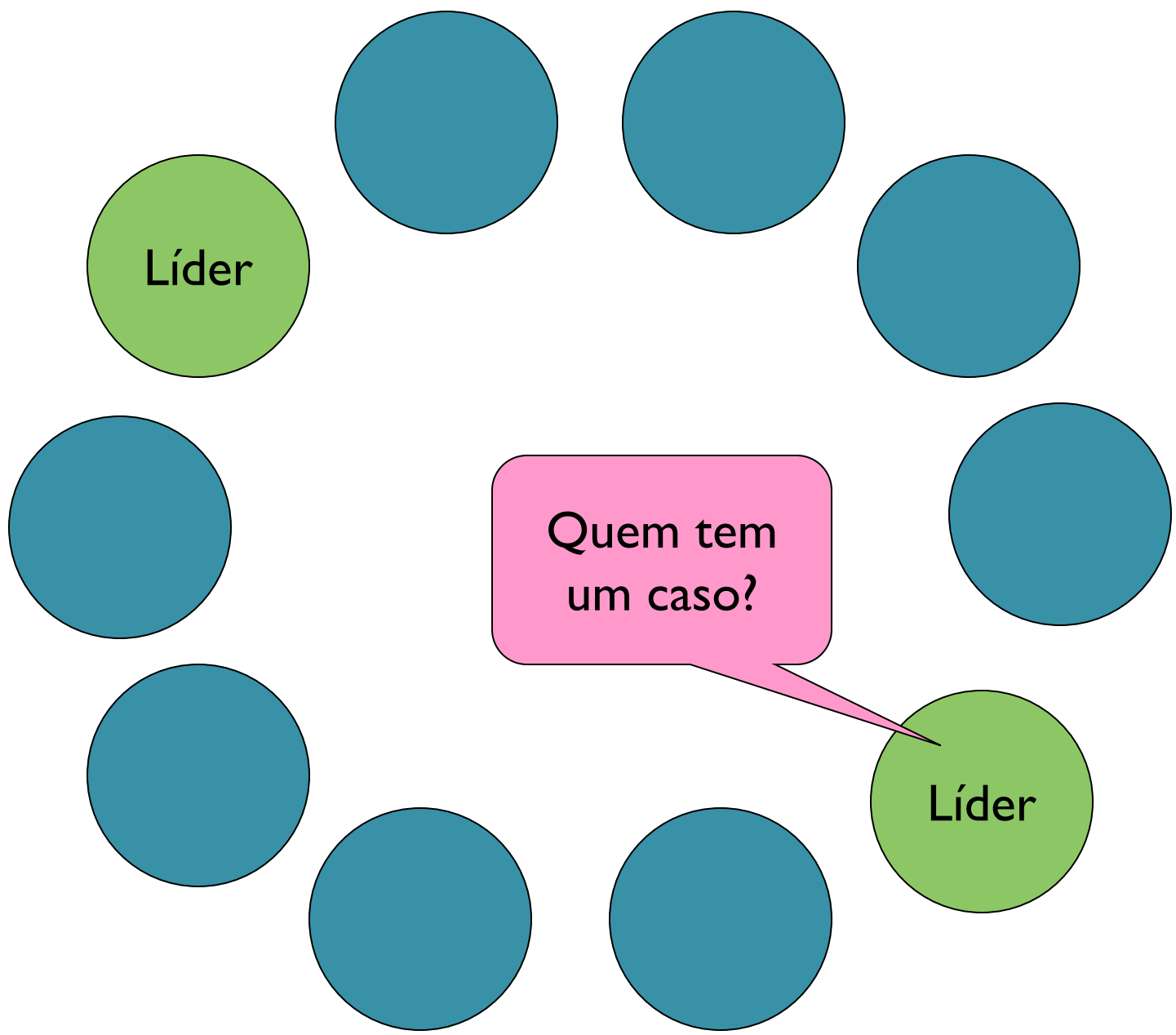
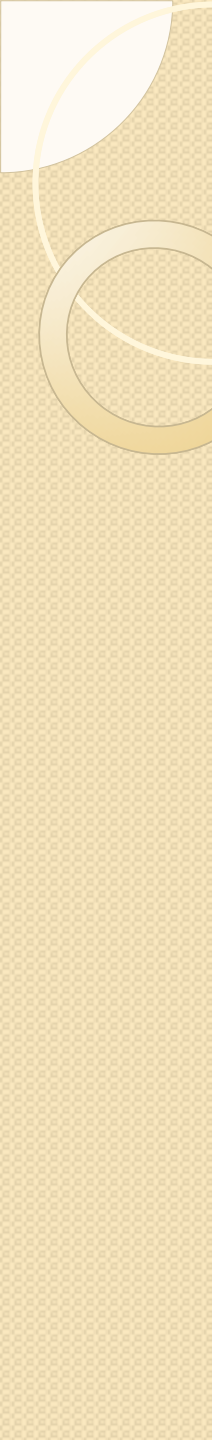
Grupos de estudio

# Características do Grupo

- **Membros permanentes**
- **Dois líderes**
- **Relação médico-paciente**







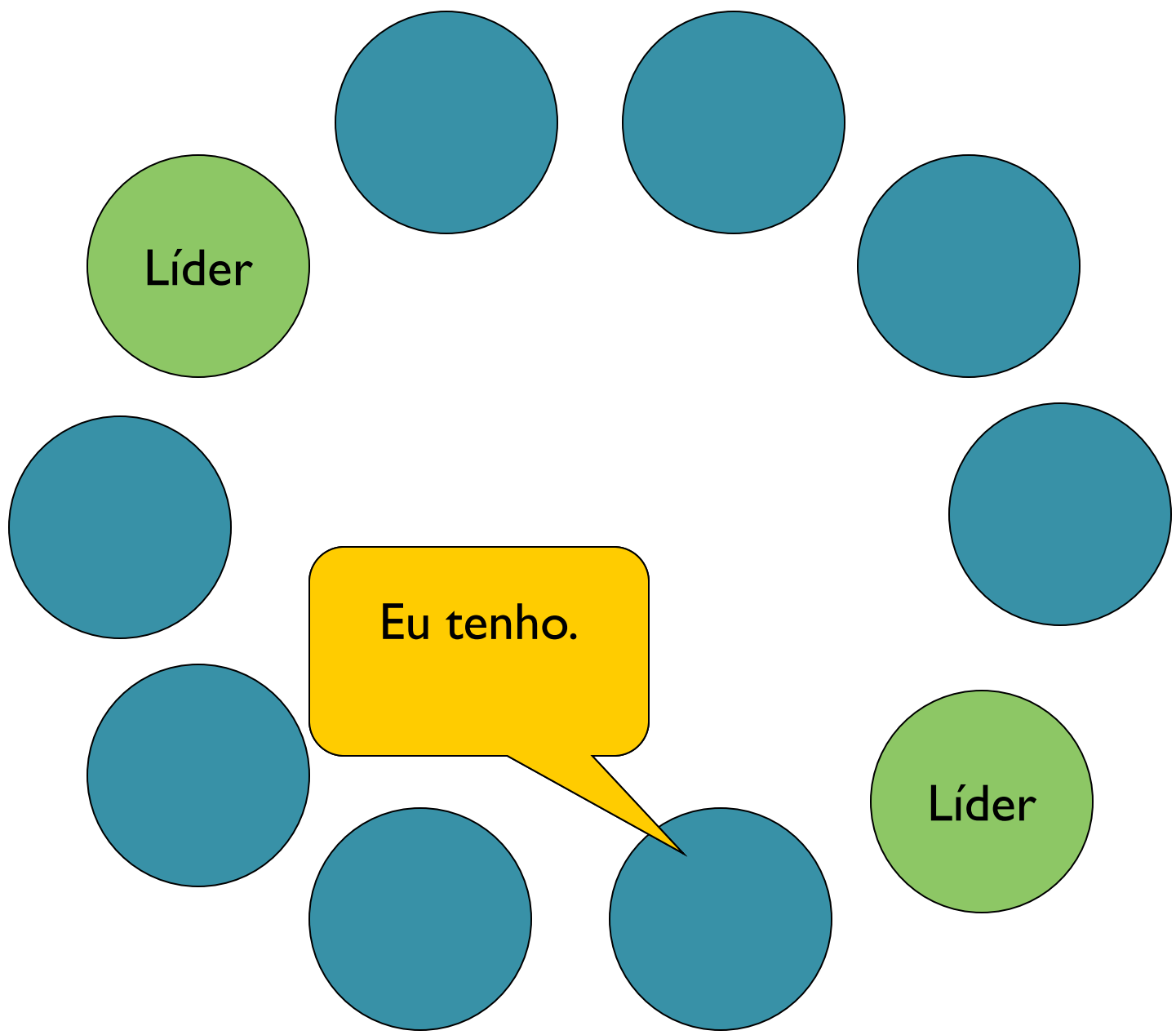
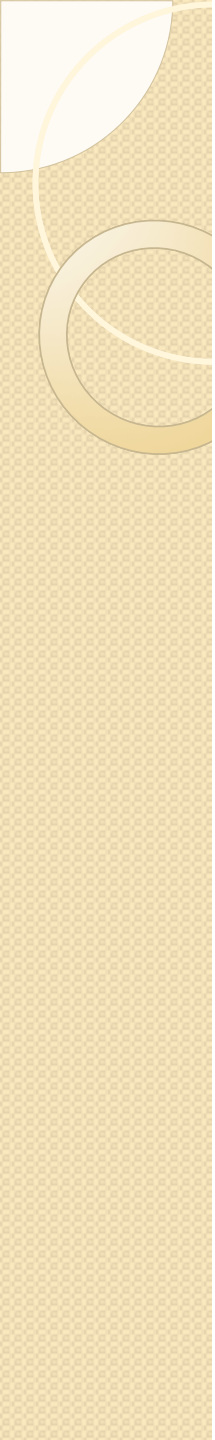
Líder

Quem tem um caso?

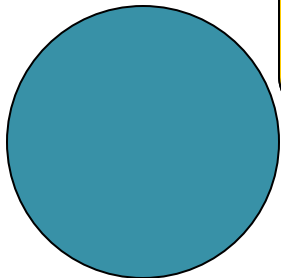
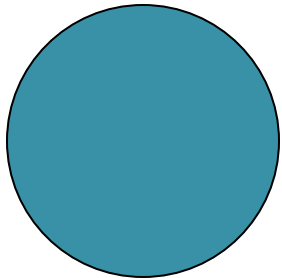
Líder

# Casos

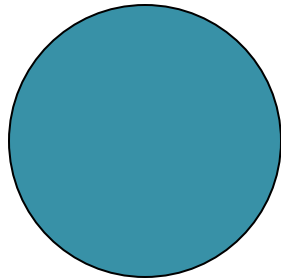
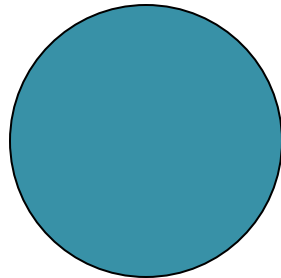
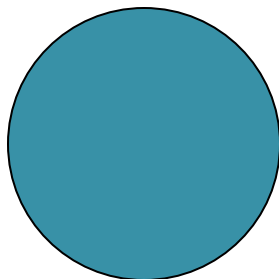
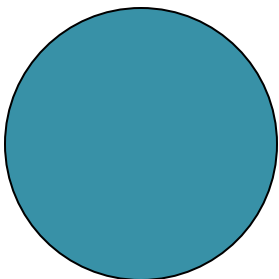
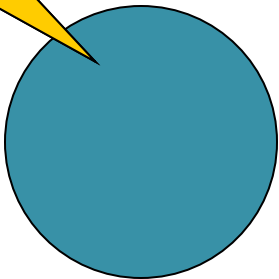
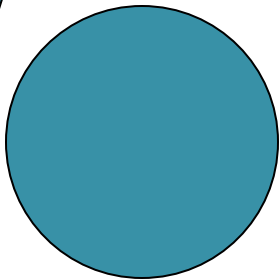
- ❑ Pacientes que surgem no momento
- ❑ Sentimento de algo inacabado, que nos fazem perder o sono
- ❑ Pacientes em acompanhamento
- ❑ Espontaneidade



Líder



Eu tenho.



Líder

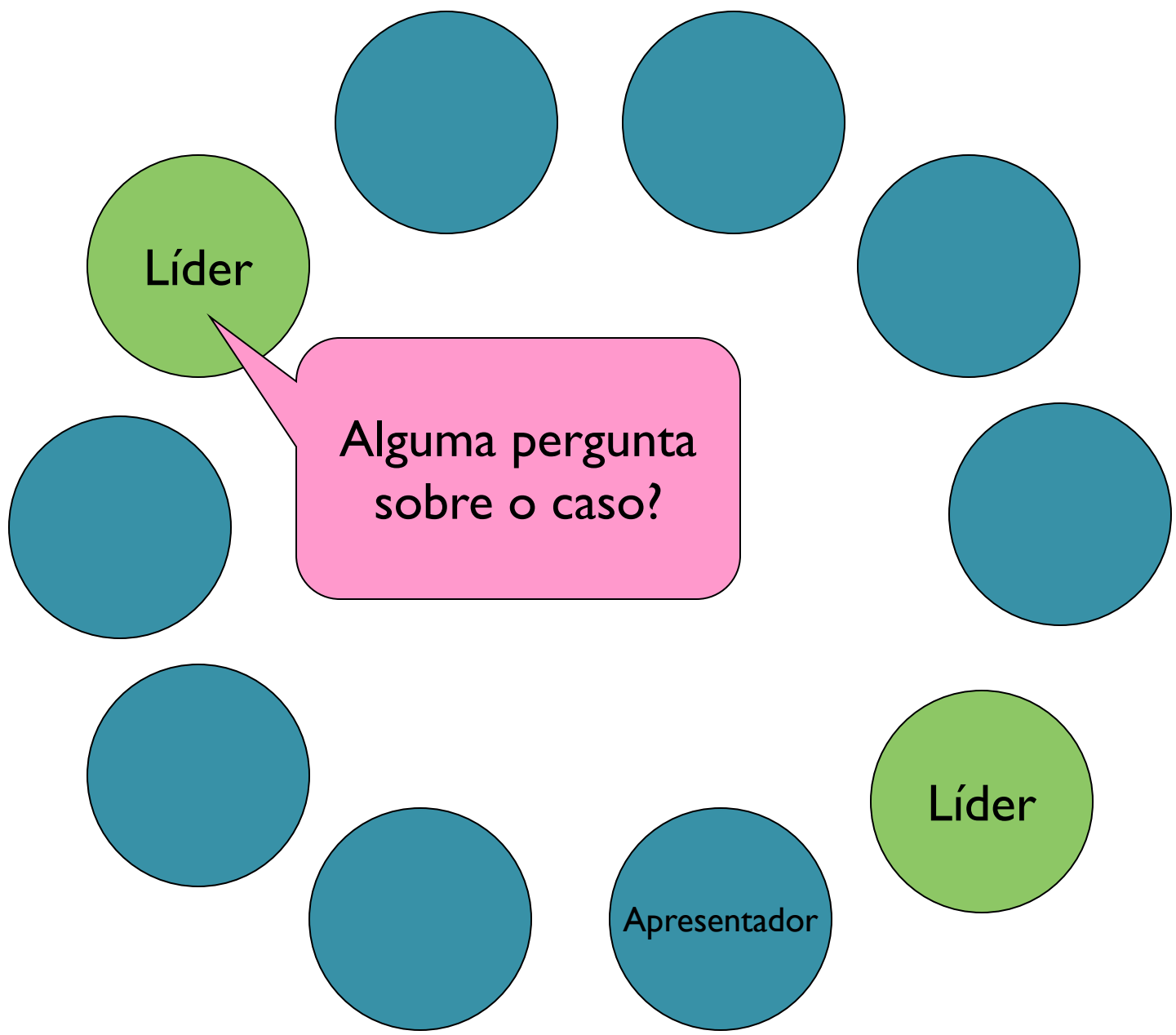
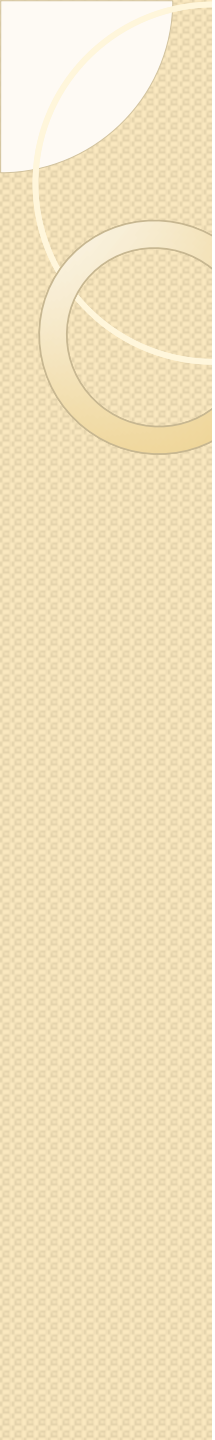


Líder

Angela é uma  
mulher de 79  
anos de  
idade...

Apresentador

Líder

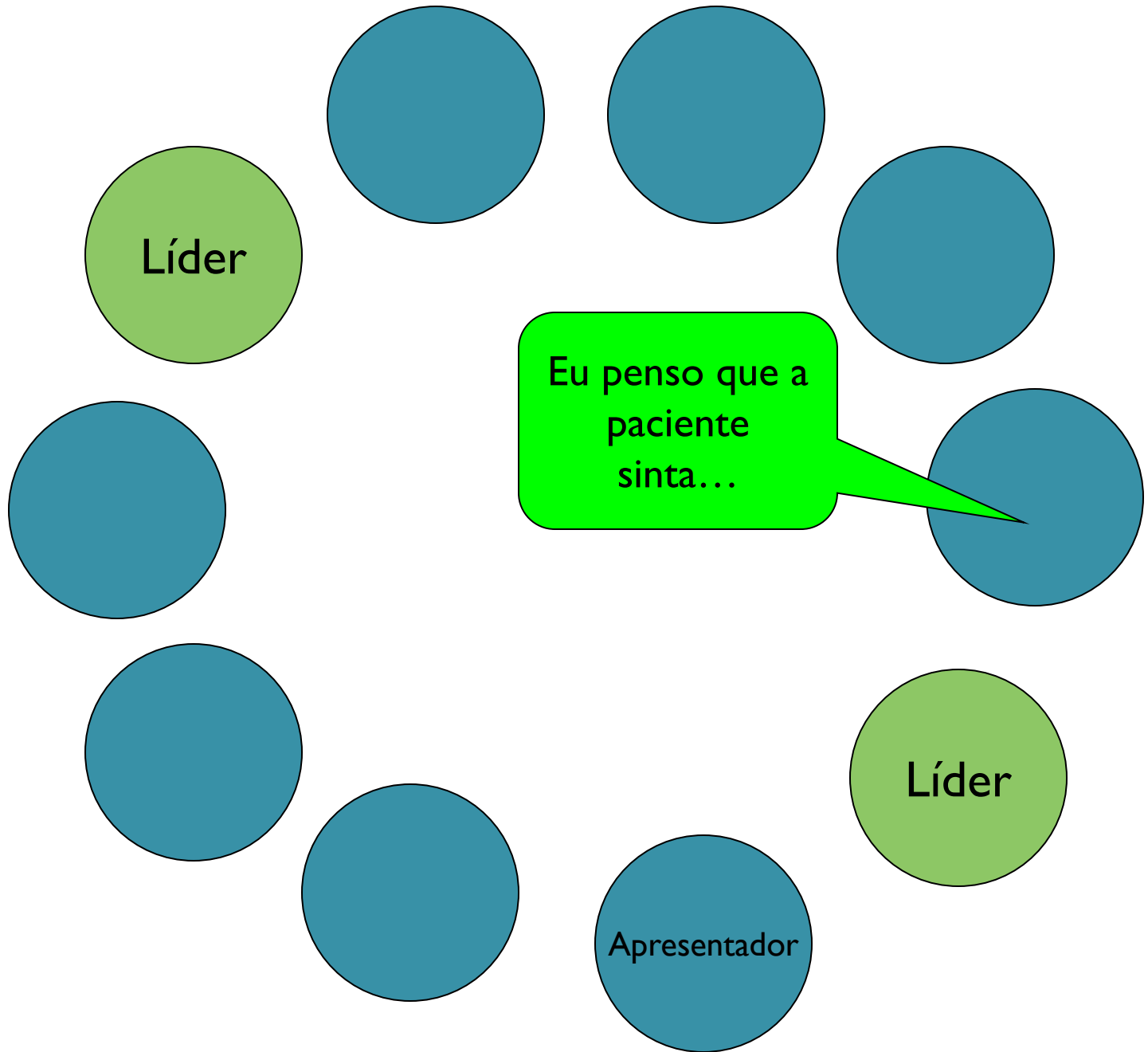
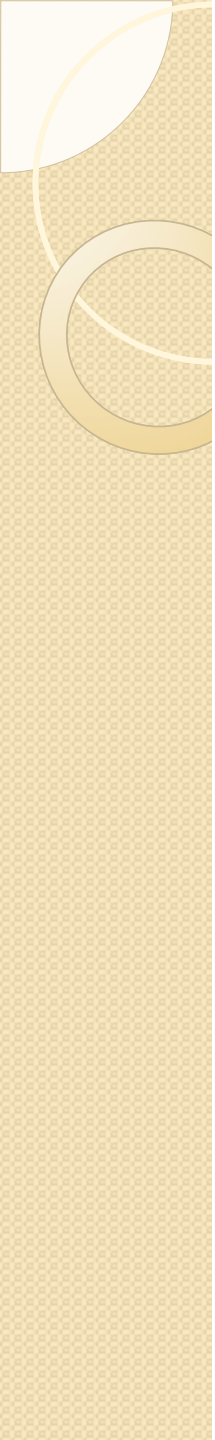


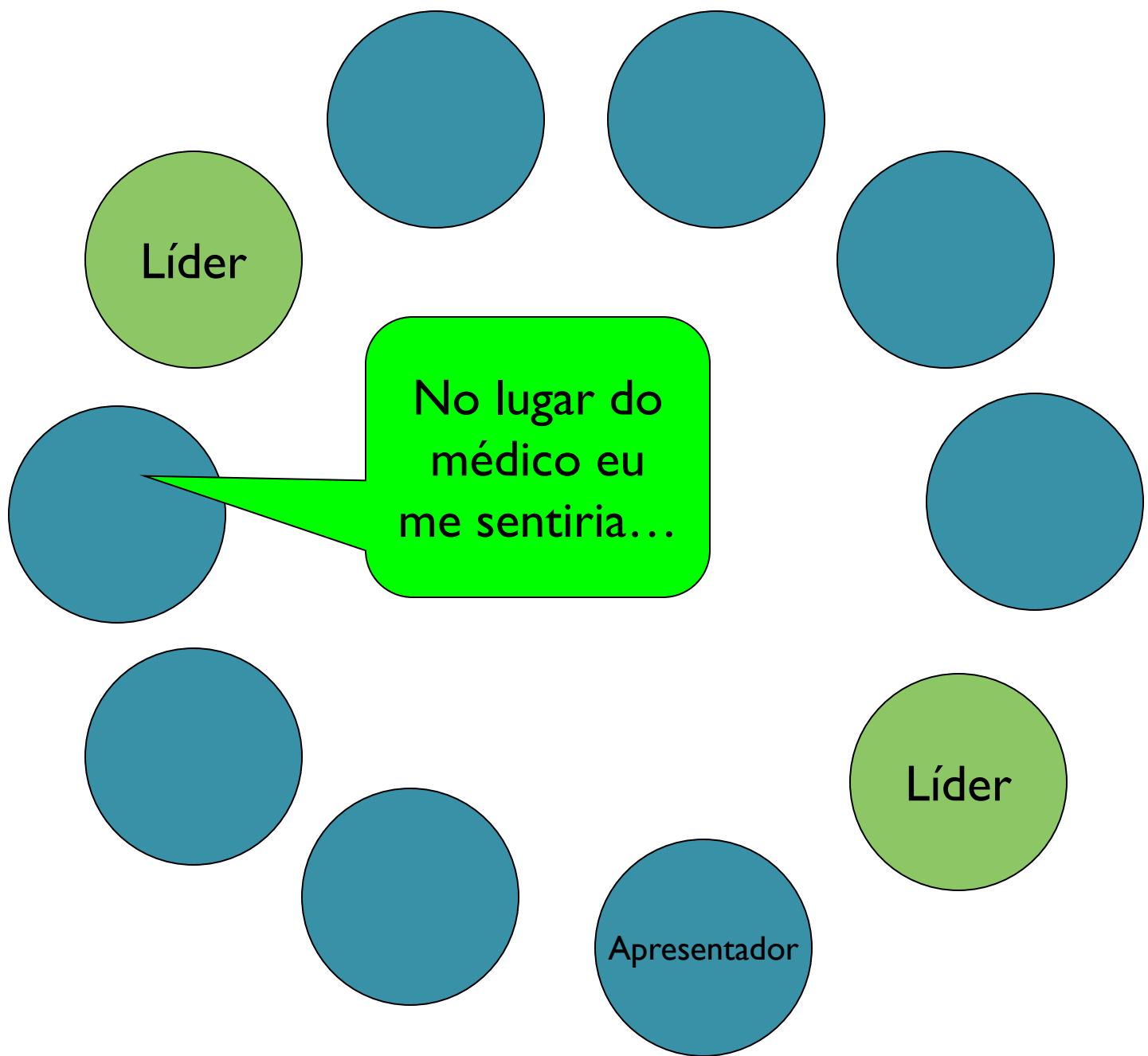
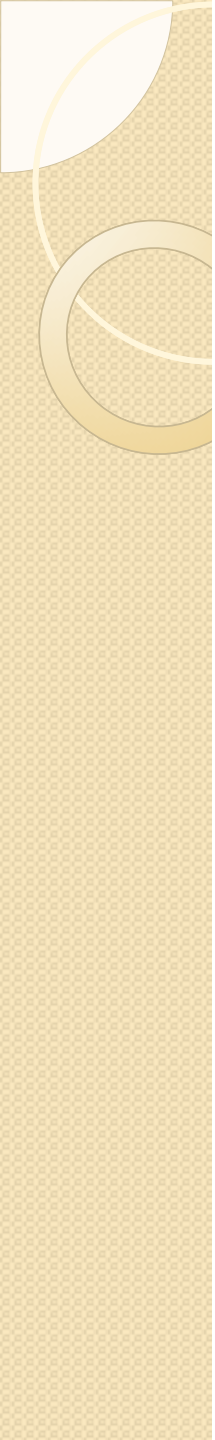


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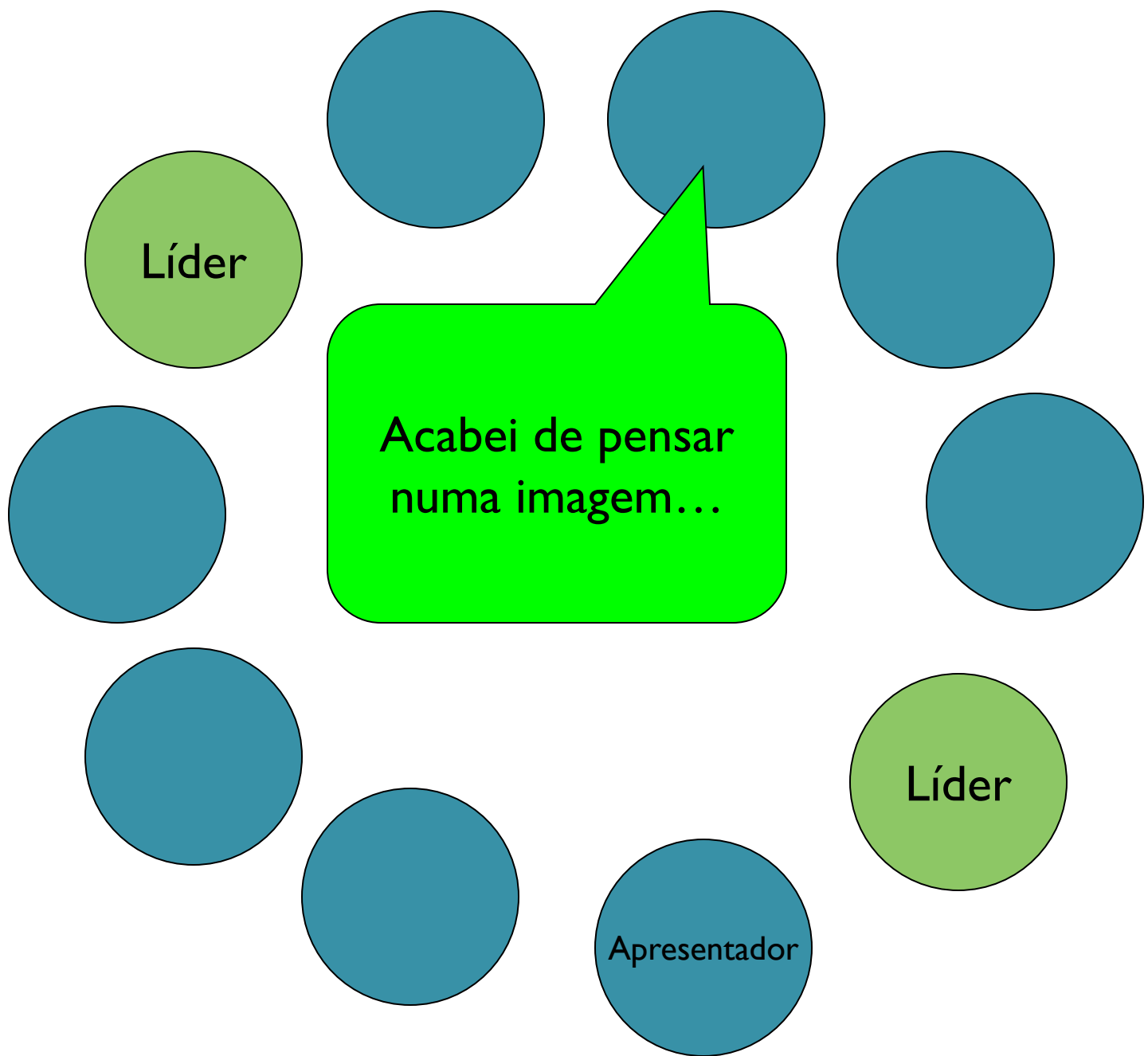
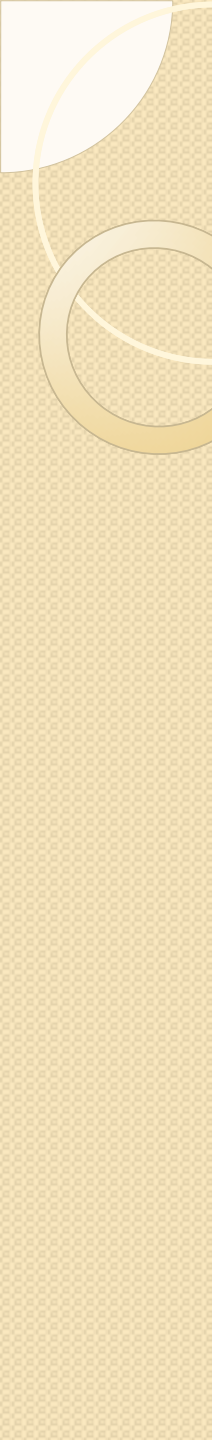
Agora o  
apresentador  
somente ouve  
enquanto  
discutimos o caso.

Líder









# Funções dos Membros

- Relação médico-paciente
- Imaginação, criatividade
- Ideias, imagens, hipóteses
- Compreensões empáticas

# Funções do Grupo

- Ambiente seguro para reflexão emocional
- Ajudar o apresentador
- Considerar os pontos cegos
- Diminuir o sentimento de isolamento

# Funções dos Líderes

- Ambiente seguro
- Estruturar e manter o grupo
- Proteger o apresentador e membros do grupo
- Incentivar reflexão e empatia
- Estimular o desenvolvimento do grupo
- Debater com o colíder após cada grupo

# Benefícios

- Aumentar a Resiliência
- Habilidades da relação médico-paciente
- Ouvir e aprender com os casos dos colegas

# Benefícios

Evitar...

# **BURNOUT**





# Portland Balint Leadership Training Intensive Março/2012

# Oxford Balint Weekend Setembro/2013





**FIM!**